



White Oaks Family Centre

in White Oaks Public School

Winter 2017-2018

565 Bradley Avenue

519-685-1400

Email: wofc@lcc.on.ca

facebook.com/

FamilyCentreWhiteOaks

Drop In Playgroups - A play-based program for children and their parents/caregivers.

Everyone is welcome!

Mondays: *Drop In* 3:00–5:30 pm

Wednesdays: *Drop In* 9:30–11:30 am
Infant Drop in (12 months and under) 1:00–3:00 pm

Thursdays: *Drop In* 9:30–11:30 am

Fridays: *Drop In* 9:30–11:30 am

La Ribambelle offers ABC en Francais! Join us to participate in French programming for all families during our drop in group.

Second Friday of every month 9:30 am–11:30 am

Halte-programme pour parents Francophones avec La Ribambelle

Activitiés pour les parents et leur bébé de 0 à 12 mois. Une animatrice répond à vos questions et à vos inquiétudes concernant le développement de votre enfant. Un beau moment de socialisation avec d'autres parents! Une halte-agrderie est disponible pour les frères et soueurs plus âgés.

Mardis 10h00–12h00

We will be having Family

Drop In Programs:

Wednesday Jan. 3rd 9:30 am -3:30 pm

Thursday Jan. 4th 9:30 am-3:30 pm

Friday Jan. 5th 9:30- 3:30 pm

Bring your whole family; we will have fun activities for everyone!

**WHITE OAKS FAMILY CENTRE
WILL BE CLOSED**

December 25th – January 1st-

No programs will be running during this time.



Youth Lead

This program is for high school students who wish to develop leadership skills. Youth will be part of a community based program and will receive volunteer hours. Contact Cathy at cdevries@slnrc.ca or Marcela Nieto at mnieto@ymcawo.ca

Mondays 5:30 pm–7:30 pm

Let's Talk About It Clinic!

TALK IN CLINIC FOR EVERYONE! Everyone is welcome to come and have free 'in person' private counselling. No appointment necessary. This new enhanced clinic is open to children and youth, parents, adults and seniors! **Child minding is available.**

Partners providing counselling include Vanier Children's Services, Craigwood Youth Services, Family Services Thames Valley and WAYS.

Thursdays 12:00 pm–6:00 pm *Last apt. at 5pm*

The Clinic will be closed Dec. 28th and Jan. 4th

Please call the Crisis Intake Team if you need immediate assistance 519-433-0334

Bridges Out of Poverty / Circles® -

A community initiative coordinated by Goodwill Industries and the City of London that is comprised of caring and compassionate individuals who meet to share information, support, resources, meals, and friendship. To become a participant, volunteer ally or child minder contact Tina Lightfoot at 519-661-2500 ext. 2654 or tlightfo@london.ca

Wednesdays 6:00 pm–8:00 pm

Speak to a Community Connector

Community Connectors are professionals that can help you with questions about services available in your community. Everyone is welcome!

You can call, e-mail, or drop-in:

Mondays 9:30 pm–7:00 pm

Tuesdays 9:30 am–4:00 pm

Wednesdays 9:30 am–8:00 pm

Thursdays 9:30 am–6:00 pm

Fridays 9:30 am–12:00pm

Alone we can
do so little;
together we can
do so much.

Dr Seuss

Our Fabulous Playdough Recipe!

- 2 cups flour (all purpose or whole wheat)
- 2 tablespoons vegetable oil
- 1/2 cup salt
- 2 tablespoons cream of tartar
- Up to 1.5 cups boiling water (adding in increments until it feels just right)
- food colouring or scents like cinnamon, peppermint, lemon are optional

